RESA SOLUTIONS LLC

Fonda J. Royster

PhD, Social Services Leadership

SPEAKER · ADVOCATE · AUTHOR · FACILITATOR

She tells the truth about what vulnerable youth are carrying, and equips the adults who serve them to finally know what to do next.



SIGNATURE SPEAKING TOPICS

01 Youth Homelessness

Understanding unaccompanied youth, recognizing the signs, and knowing what to do before survival becomes their only story.

02 Teen Dating Violence

Identifying warning signs, having real conversations with teens, and responding with accountability and compassion.

03 Human Trafficking

Prevention-focused awareness on risk factors, warning signs, and trauma-responsive community response.

04 Domestic Violence

Supporting survivors through systems, for social workers, healthcare professionals, and faith leaders.

05 Foster Care

Navigating system challenges, building stability, and advocating for youth in transition.

06 Trauma-Responsive Care

Moving organizations from awareness to practice with real language, real frameworks, and real implementation.

WHO BOOKS HER

- Schools & youth organizations
- Nonprofits & agencies
- Courts & child welfare
- Law enforcement
- Hospitals & healthcare
- Faith-based organizations
- Conferences & summits

HOW SHE SHOWS UP

Keynote presentations	45–60 min
Workshops	90–120 min
Youth workshops & assemblies	45–60 min
Panels & staff development	Custom
Virtual presentations	Available

"Your presentation demonstrated exceptional subject-matter expertise, professionalism, and audience engagement."

Janet Afoakwah, MPH
Executive Director, US Coalition for African Immigrant Health

"Thank you Fonda, for the transparency and vulnerability in this workshop. You are appreciated, seen and heard."

Carolyn Pitts-Clay
COOHIO's Housing Ohio 2026 Conference

BOOKING INQUIRIES
fjroyster@gmail.com

PHONE
419-269-7995

WEBSITE
www.fondajroyster.com

RESPONSE TIME
Within 48 hours

THE STORY BEHIND THE MESSAGE

From Survival to Advocacy

SPEAKER
Fonda J. Royster, PhD

HER STORY

Fonda J. Royster knows what it means to survive. As a child, she experienced homelessness, systemic abuse, and the hidden struggles that too many unaccompanied youth live through in silence. She did not just survive those years. She let them shape the work she would spend the next 25 years doing.

"I don't do fluff. I do truth. I do the kind of conversations that help adults see what's really going on with the kids they serve."

That lived experience is the foundation of everything Fonda brings to a stage. It is what makes her message land differently than a textbook, a training video, or a policy briefing. She has been in the situation she is asking audiences to understand, and that changes the room every single time.

After nearly 25 years of direct service, including assessing over 1,000 domestic violence cases annually and supporting hundreds of clients through crisis, Fonda founded Open Arms Transformation Living to create the kind of support she once needed herself. OATL has since served over 1,000 youth facing homelessness, violence, and systemic barriers in Toledo, Ohio.

She then built RESA Solutions LLC to take her expertise to the organizations and professionals who serve those youth every day, training them to move beyond trauma-informed awareness into trauma-responsive practice that actually changes outcomes.

BY THE NUMBERS

25+
Years in social services advocacy

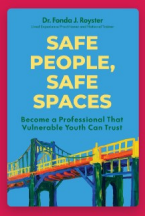
1,000+
Youth served through OATL

1,000+
DV cases assessed annually

50+
Professionals reached monthly

AS FEATURED IN

- Bold Journey Magazine
- WTOL News
- Toledo Blade
- LC Mentally Podcast
- No Bad News Podcast
- Toledo Parent Magazine
- Intl. Human Trafficking Conference
- Queens Village Toledo



NEW BOOK · COMING JANUARY 2027

Safe People, Safe Places

A trauma-responsive guide for professionals who serve youth impacted by dating violence, trafficking, homelessness, and foster care.

CREDENTIALS

- Founder & Executive Director, OATL
- CEO, RESA Solutions LLC
- Author, *We Do Exist* and *Safe People, Safe Places*
- Domestic Violence Resource Specialist

Ready to bring Fonda to your organization?
One conversation can change everything.

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www.fondajroyster.com
Scan to watch her speaker reel